

The PERFECT Practice Routine

Shred

B Dorian #4 Warm Up

Musical notation for the B Dorian #4 Warm Up exercise. It consists of a single staff in 4/4 time with a treble clef. The melody is: B4 (quarter), C#5 (quarter), D5 (quarter), E5 (quarter), F#5 (quarter), G5 (quarter), A5 (quarter), B5 (quarter). Below the staff is a guitar TAB with the following fret numbers: 7, 9, 10, 8, 9, 11, 7, 9.

B Dorian #4 (Pedal Tones)

Musical notation for the B Dorian #4 (Pedal Tones) exercise. It consists of a single staff in 4/4 time with a treble clef. The melody is: B4 (quarter), C#5 (quarter), D5 (quarter), E5 (quarter), F#5 (quarter), G5 (quarter), A5 (quarter), B5 (quarter). Below the staff is a guitar TAB with the following fret numbers: 7, 9, 10, 8, 9, 11, 7, 9. The bass line consists of a constant pedal point on the 7th fret of the low E string.

B Dorian #4 (Full Shape)

Musical notation for the B Dorian #4 (Full Shape) exercise. It consists of a single staff in 4/4 time with a treble clef. The melody is: B4 (quarter), C#5 (quarter), D5 (quarter), E5 (quarter), F#5 (quarter), G5 (quarter), A5 (quarter), B5 (quarter). Below the staff is a guitar TAB with the following fret numbers: 7, 9, 10, 8, 9, 11, 7, 9, 11, 7, 10, 11, 9, 10, 12, 9, 10, 13.

B Dorian #4 Chords

Bm E/B C#/B E/B Bm

Musical notation for the B Dorian #4 Chords exercise. It consists of a single staff in 4/4 time with a treble clef. The chords are: Bm (quarter), E/B (quarter), C#/B (quarter), E/B (quarter), Bm (quarter). Below the staff is a guitar TAB with the following fret numbers: 7, 9, 6, 6, 6, 7, 9, 11, 7, 9, 11, 7, 7.

B Dorian #4 Counterpoint

Musical notation for the B Dorian #4 Counterpoint exercise. It consists of a single staff in 4/4 time with a treble clef. The melody is: B4 (quarter), C#5 (quarter), D5 (quarter), E5 (quarter), F#5 (quarter), G5 (quarter), A5 (quarter), B5 (quarter). Below the staff is a guitar TAB with the following fret numbers: 9, 7, 9, 11, 11, 9, 9, 8, 9, 4, 6, 2, 11, 12, 14, 7, 7, 9, 7, 11, 10, 9, 7, 2, 0, 8, 11, 9, 11, 12, 10, 9, 7.

let ring -----

♩ = 115

B Dorian #4 Riffs

9 9 9 9 9 9 9 9 | 9 9 9 9 9 9 9 9 | 9 8 9 10 9 | (9) 7 8 9 10 9

7 9 8 9 10 9 | (9) 7 9 8 9 10 9 | 7 7 7 7 8 8 8 8 | 0 11 7 11 10 0

(0) 11 7 11 10 0 | 11 7 11 10 0 11 7 11 | 10 4 4 4 4 | 7 9 8 9 10 9 | 9 9 7

♩ = 165

Sweep Picking (harmonic minor primary chords)

Am
9 10 8 10 12 10 8 | 10 9 10 8 10 12 10 8 | 9 10 8 10 12 10 8 | 10 9 10 8 10 12 10 8

E
9 9 7 8 10 8 7 0 | 9 9 7 8 10 8 7 0 | 9 9 7 8 10 8 7 0 | 9 9 7 8 10 8 7 0

Dm
12 10 10 10 12 13 12 10 | 12 10 10 10 12 13 12 10 | 12 10 10 10 12 13 12 10 | 12 10 10 10 12 13 12 10

Am E

8-10-12-10-8 8-10-12-10-8 8-10-12-10-8 8-10-12-10-8 7-8-10-8-7-0 7-8-10-8-7-0

♩ = 125

Legato + Hybrid Picking

E Dm Am

0-0 9 9 9 9 7 7 7 7 5 5 5 5

E add#5 Am

0 0 0 0 2 0 2 2 0 0 0 0

E

1 0 1 0 0 0 0 0

Finger Tapping + Alternate Picking Hirajoshi Scale Alternate Picking

Am

5-8-12-8-5 5-8-12-8-0 7-9-10-14-15 5-7-8-12-13-0

Bb/A A Gm/A ADm/AA A Mixolydian b6 Mode

6 7 8 0 0 0 0 0 0 0 5 6 7 0 0 0 0 0 0 2 2 8 8 5 6 5 8 7 6 7 6 8 7 7 7 8 7 0 0 0 0 0 0 10 0 0 0 0 0 4 5 7 0

□ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V

G#m G Bm/F# F#sus4 Bm/F#

8 7 0 0 0 0 10 0 0 0 0 8 7 4 0 8 7 0 0 0 0 10 0 0 0 0 4 5 7 0 4 4 4 4 3 4 5 5 2 3 2 0 3 4 4 2 2

□ V □ V □ V □ V □ V □ V □ V □ V

Jazz Chords (Autumn Leaves)

Am7 D9 Gmaj7 Cmaj7 F#°7 B7 Em7

5 5 5 5 5 5 3 4 4 5 1 2 2 4 8 8 5 4 4 5 2 3 4 2 7 9 7 0

(♩ = ♪³)
Autumn Leaves Walking Bass

Am7 D7 Gmaj7 Cmaj7

5 7 8 7 5 4 4 5 7 3 2 3 5 3 5 2 5 3

F#m7b5 B7 Em7

2 0 2 3 2 4 0 2 6 7 9 9 10 9 7 10 8 7