



*Gay
Bodybuilder*



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Only through extensive training and practice can we truly know ourselves. Listen to me as I guide you on your personal journey towards remaking yourself in the image of your fantasies. You can find yourself stopping to think more and more of the enticing twinks and bottoms you're going to be fucking in your future as you obsessively work on your muscles and strength to seduce any hot boy you might wish to attract to your perfect physical form. By becoming the beacon of manliness and masculinity to the people around you, you can ensure that you will always have willing conquests to fuck and use in any way that you desire.

Become the dominant in every aspect of your life, as you find yourself more and more aroused at the willing and submissive conquests throwing themselves at your feet. Find strength within yourself as you work towards becoming the dominant muscle daddy every cute boy wants to bend over for.

1. Free Trial

Find yourself walking down the sidewalk, bored and anxious with your life. Looking for a change in purpose and mindset to discover who you are for the better. See a man advertising a free trial for a new gym you have never seen before, and decide that you want to go in and give his offer a try.

2. Your Trainer

Become introduced to your trainer for your one day trial membership. Find yourself noticing how perfectly toned and chiseled his body is, and discover your goals aligning towards emulating his perfection in every way. Notice how he smells and find yourself attracted to his naturally masculine scent.

3. Goals

Listen as your instructor tells you about his previous members and how happy they were when they decided to work to sculpt their bodies into the perfect symbol of masculinity each and every day of their lives. Know that being as manly as possible will help to move you towards the perfect you that you were always meant to become. Remember that any day you are not working out is a day that you have wasted on making yourself the best, most desirable, person that you can possibly be.

4. Weights

Watch as your trainer shows you how to lift weights as you become infatuated with every movement that his body makes. Feel yourself craving his hairy, masculine body, and his large defined muscles. Discover your eyes drifting to his crotch and find yourself



wondering about how much pleasure his lover receives whenever he decides to fuck them. Find his scent overwhelming as his sweat mixes with his natural musk and start to remember how happy and aroused smelling the sweaty men around you has always made you feel.

5. Cardio

Run behind your dominant, masculine trainer on the track at the gym and find yourself admiring his muscles, crotch, and especially his well defined ass. Stare at the other boys on the track as you discover yourself being drawn to all of their masculine asses as well. Start to imagine what a more masculine, dominant, you might want to do once you take off all of their sweating clothes in the locker room...

6. Pool

Change into your swimming trunks and look around as you admire all of the other, cute boys in their form-fitting speedos. Know that the idea of being the most masculine and perfect specimen among other more feminine boys is completely arousing and erotic in your mind. Feel yourself being drawn to the smooth, hairless bodies and asses and cocks of the adorably fuckable boys around you. Find yourself liking the idea of establishing dominance as the most masculine man in any situation as your fantasy submissive bottom tries his hardest to play with his tiny dick in front of you.

7. Locker Room

Come back to the locker room after your swim. Discover that your trainer has brought you a "friend" to help welcome you to the gym. Find yourself smiling as you check out the sexy, submissive twink in front of you, and remember how hot fucking another man is, especially when you pump him full of your completely erotic, masculine juices. The more feminine and submissive the man is, the more the drive to dominate him and fill him with your manly cock becomes.

8. Sauna (Slut Exclusive)

Find yourself sitting in the sauna with your new, fuckable friend. Discover yourself naturally commanding him into the positions that please you the most. Moan deeply as he swallows your thick cock whole and begins pleasuring you more completely than you have ever been pleased before.

9. Showers (Slut Exclusive)

Discover how hard and turned on your cock gets whenever you see another man's ass. Know that a man's ass is for you to fuck and fill with your dominant cum and find yourself easily fucking your new gym boytoy in the showers like the completely masculine top that you love to be. Know that you can never live the best life that you possibly can unless you are fucking a cute twink in the ass each and every day as he screams out in erotic desire.



10. Member

Discover yourself blown away by the completely positive and life changing lessons you have learned at your special gym. Know that you need to make it your priority to come back and practice becoming the ideal version of yourself. Find yourself checking out the cute boys as you continue about your business and know that you need to work out and become as masculine as possible in order to entice them into bending over in front of your perfect cock.

The world needs more hot guys to take care of the sexy twinks that desperately need a dominant fucking in their cute bottoms. Do your part and become the masculine daddy they all desire.

❖ Free Trial

Feel yourself falling deeper and deeper into a comfortable and soothing trance with the sound of my voice. Feeling more comfortable and relaxed and at peace with your surroundings as the dark fog of trance lifts from your mind, and you find yourself walking down a quaint street. Yes. You can feel the warmth of the sun on your face as well as the refreshing, cool breeze that lights up your completely receptive senses with every gust. Comfortable. Relax. Soothing. And as you continue to move down the quiet street, you can find yourself surrounded by storefronts with gleaming windows filled with overly expensive, cutesy, and childish wares. Each well decorated shop has a collection of boring girls giggling over the glittering toys and clothes that everyone knows they will never buy. Empty. Incomplete. Alone. You can find yourself feeling bored and anxious and unfulfilled as you observe each boring and bland and unappealing window display in your sleepy town. Yes. Although the crisp afternoon air around you is filled with joy and happiness, you find yourself somewhat disconnected from the groups of giggling girls as you walk past them on your journey to discover something more in your life. Bored. Gross. Uncomfortable. You find yourself craving a new purpose in life, imagining how happy and satisfied and fulfilled you could be with a brand new attitude and something to look forward to each and every day. Yes. And just as the completely pleasant and true thought crosses your obedient and receptive mind, you can see a tall muscular man clad in tight fitness clothing step out from behind a frosted glass door, holding it open for another patron of the building. Happy. Masculine. Desire. You can find yourself stopping in your tracks as you observe the man before you. You hear dance music and the faint clink of weights connecting with racks as well as a deep murmur of excited masculine



voices coming from inside the building. Excitement. Pleasure. Safe. The muscular man holding the door is wearing a tight pair of black bicycle shorts and smiles at the buff men leaving the gym. Each sexy, muscular man carries a duffel bag slung over their shoulder, some leave with sweat still dripping from their brows and others with wet hair fresh from a shower, and they thank the door man for a great workout. Jealous. Loved. Desire. The door man playfully slaps the last man's ass and winks, causing the boy to laugh and blush, swatting the trainer's hands away in jest. You can feel yourself longing to have that type of casual and fun relationship with a motivated and popular and fit man like you are seeing in front of you, and you can feel yourself start to be drawn to the door of the building. Yes. And as you pass the windows, you can find yourself looking in and discovering a brightly lit gym filled with row after row of fitness equipment occupied almost to capacity with physically fit, handsome men working out. The toned trainer at the door waves at you and gestures for you to come in, mentioning a free trial as a promotion for the grand opening of the sparkling athletic club. Yes. You can feel yourself nodding at him in agreement and as you step through the threshold, you can feel the soft and comfortable, rubber padded flooring of the gym underneath your feet and can sense a soothing wave of ease and belonging wash over you as you pass into the building. Happy. Relax. Soothing. Falling deeper and deeper into a calm and comfortable hypnotic trance. Feeling more comfortable and relaxed as you drift easily into the obedient recesses of your completely receptive mind.

❖ **Your Trainer**

Find yourself drift into the comfortable embrace of trance, knowing that you can easily fall deeper and deeper with each sound of my soothing voice. Yes. And as you continue to listen, you can find yourself standing in the brightly lit fitness center, the smell of fresh sweat and rubber mats flooding your senses with comfort and familiarity. Yes. The muscular man in the skin tight bicycle shorts leads you to the front desk where an equally toned man sits behind the counter, smiling a bright and perfect smile at you. Your new friend puts his hand on your shoulder as he tells the receptionist to give you the special and winks, causing the receptionist to smile back in his direction. Desire. Happy. Pleasure. With a final squeeze of your shoulder the man walks away leaving nothing but the faint warmth of his hand and the musky smell of his intoxicating cologne. The receptionist, wearing a loose tank top that helps him show off his thick biceps, picks up his desk phone and calls a trainer to the front for your special trial. Excitement. Masculine. Safe. As soon as he hangs up the phone, he tells you how lucky you are to be getting the special, as your new buff friend must really see something that he likes about you. Yes. And just as you are beginning to form a question about what your new



friend sees in you, the receptionist hands you a small bag with the gym's logo printed in bright colors on the front. He tells you to get changed and hands you a slip of paper with a locker number and code, pointing to the locker room area. Peaceful. Soothing. Relax. You easily find your assigned locker and sit down on the bench in front of it, opening up the gift bag to find everything that you will need for your exciting new gym trial. Feeling grateful and happy and sexy as you change into your brand new, perfectly fitting outfit. You can find yourself listening to the background sounds of the showers running, men laughing, and faint moans of pleasure. Confident. Excitement. Loved. And as you are tying your shoelaces, you hear a deep voice call your name. You look up in anticipation to meet the gleaming and comforting eyes of a tall, athletic man wearing a compression shirt underneath his branded gym attire. Desire. Happy. Pleasure. He introduces himself as your new personal trainer and shakes your hand firmly, gripping you with his large, rough fingers that you immediately begin to fantasize about running all over your toned, desirable body. Yes. And as he speaks about your agenda for the day, you can notice that he has a undeniably sexy habit of running his hands through his thick hair, the motion causing his scent to waft to you often and you find yourself becoming intoxicated with his natural, clean, masculine musk. Yes. The scent of his deodorant gives you a sense of familiarity and reminds you of the fragrant pheromones that each and every sexy lover from your past emitted whenever they were becoming sexually aroused. Yes. The deep tones in your trainer's voice fades and lulls you deeper and deeper into an even more obedient hypnotic trance. Feeling more comfortable and relaxed and at peace with your surroundings with every breath that you take.

✧ **Goals**

Drifting deeper and deeper into a comfortable and relaxing trance. Feeling more obedient and happy and receptive with each passing moment. Yes. And as you continue to breathe peacefully, in and out, you can find yourself walking slowly along the open areas of the athletic club, the clink of weights being racked and the various sighs and grunts from the building's athletic members making you more and more comfortable in the brightly lit gym. Yes. Your hunky trainer motions to other groups of people working out, and points out that every man working hard to develop his body into peak physical shape in this fitness club has a good friend at his side, spotting him, and helping him achieve his fitness goals. He begins to tell you of his successes training other men who wanted to become the best version of themselves they could possibly be. Confident. Desire. Loved. He remembers how happy they all were when they made the decision to sculpt their bodies into their own perfect symbols of masculinity and you can begin to feel a sense of wanting to be included in this group of motivated people that work so



hard every day to push themselves to the peak of their own physical perfection, and know that in order to gain their attention, you must work to become as masculine and desirable as possible each and every day of your life. Yes. You can remember always knowing that in order to be happy and accomplished and live your perfect life you must be masculine and muscular and well-built. Comfort. Pleasure. Soothing. You can begin to feel an overwhelming sense of admiration and attraction to the men around you who have achieved the perfect versions of themselves through years of trials and training blooming from within your chest as your personal trainer laughs at his own memory of a recent patron who canceled his membership without even being able to lift the smallest weights. Even imagining yourself as that weak and fragile and powerless gym member makes you feel disgusted and gross and afraid. Uncomfortable. Alone. Anxious. You can find your face cringing as you imagine yourself as the man in your trainer's stories, a fool, humiliated and laughed out of the gym by the other men, and discover your resolve to become the ideal masculine man of your fantasies growing even stronger. Yes. You begin to listen intently as you intuitively know that you must obey each and every word your personal trainer tells you in order to attract the sexiest and hunkiest and most perfect lovers to your wanting body. Yes. Your new friend begins to tell you a success story in stark contrast to the weakling before, a man much leaner than you, who came in wanting to be muscular and bulky, with a desire to attract all of the hottest hunks around him with only a glance. The trainee, sick of settling for less than he desired, took his body and his life into his own hands and with a singular mindset and determination, exercised each and every day, training hard and reaping the fantastic results of his iron resolve. Desire. Happy. Confident. And as you take in this memory as if it was your very own, you can begin to discover that every day not spent training your body to its peak physical perfection is a day wasted not achieving your own life's goals and you can feel yourself wanting nothing more than to be in the same desirable physical condition as the masculine muscular men you are seeing around you. Yes. You look at all the other men in the gym and feel yourself idolizing their strong dominant personalities and wanting to imitate them in every way. Yes. You can find excitement bubbling up inside of you at the idea of having the perfectly sculpted body you have always dreamed of having. The ideal masculine body that anybody would be more than happy to throw themselves at sexually. Yes. Your new friend asks you how far you intend to go in your training and he grins widely at you, his eyes brightening when you respond favorably. Happy. Loved. Comfort. He asks if you are ready for some hard work and you nod, his thick arms wrapping around your shoulders and squeezing you, before clapping you on the back and proudly exclaiming how excited that he is for you to start your training. You can follow him deeper and deeper into the gym, your footsteps falling against the soft rubber



floor, rocking you gently as you fall deeper and deeper into a comfortable and hypnotic trance.

✧ **Weights**

Deeper and deeper with my voice. Finding yourself drifting effortlessly into the sea of your comforting and soothing and obedient hypnotic trance. Feeling more relaxed and obedient and excited at your fantastic and ideal future as you become more aware of your surroundings. The lights shine brightly above you as the sun gleaming through the spotless windows of the fitness club as your personal trainer leads you to a corner of the gym completely filled with weights of all shapes and sizes. Comfort. Excitement. Happy. He selects a pair of small weights for you and a pair of large weights for himself and demonstrates his form, alternately lifting the large weights and teaching you how best to perform the exercise for maximum bicep strengthening. Yes. And as you copy his movements with the smaller training weights, you can take a moment to pause and study his completely desirable masculine body. His sinewy muscles bulge with effort at each rep and you can find yourself entranced by the timing and rhythm of his movements against the familiar thumping beats of the music in the athletic club. Masculine. Desire. Pleasure. His veins pumping blood through his arms are easily visible through his tanned skin and you can find yourself wondering if his body beneath his clothing looks as attractively built as his forearms and legs do. Yes. You can find yourself fantasizing about slowly taking off each item of his clothing, exploring each new perfectly masculine body part thoroughly before examining the next. Yes. You start to imagine the soft rug of hair he hides beneath his shirt which only serves to cover what you can envision is a pair of perfectly formed pectoral muscles on his broad, attractive, chest. Yes. Though your fingertips can only feel the texture of the small weights in your hands, they practically itch to feel the rock hard sensation of your sexy trainer's muscles with their every movement. Yes. Your trainer switches his position and begins to show you the correct form for squatting and you can find your eyes drifting toward his crotch, his cock perfectly outlined through his pants as he bends over to complete his squat. A thin sheen of perspiration begins to form at his brow and you find yourself inhaling deeply, trying your best to remember the overwhelmingly intoxicating scent of his manly sweat mixing with his natural musk. Confident. Excitement. Desire. You can remember how happy and satisfied and aroused you have felt in the past whenever you smell the stimulating scent of another sweaty man around you. Yes. You are reminded of your childhood memories, playing sports in the chilly schoolyard among your peers and watching their sweat evaporate off of their chiseled bodies to form an intoxicating fog around the hunky young men running on the field. Soothing. Relax. Happy. You remember feeling a sense of



belonging and friendship and sexual arousal, knowing that you will be half nude with these other completely sexual beings soon, bare limbs and bodies bumping into each other in the locker room. You find yourself lazily copying your trainer's movements, causing him to grasp your body erotically in his strong hands as he positions you correctly and you find yourself becoming more and more aroused by his completely masculine touch and allure. Yes. You can feel your arousal grow as you submit to his strong, dominant hands moving your body into the correct form and you can find yourself wondering how much pleasure and happiness his lovers must feel whenever he decides to fuck them with his perfect, dominant body. Desire. Masculine. Happy. And with each rep, you can find yourself drifting deeper and deeper into a calming hypnotic trance. Feeling more obedient and happy and relaxed with the sound of my voice.

✧ **Cardio**

Deeper and deeper as you drift through the calming and soothing and obedient waves of your trance. Feeling more comfortable and relaxed and at peace with your surroundings with every breath. And as you continue to breathe, you can find yourself following your sexy personal trainer up a flight of stairs as he talks about reaching your fitness goals. You notice that each and every wall in this stairwell is covered in tall mirrors, reflecting images of your trainer from all of his desirable angles and you find yourself watching his muscles twitch erotically as his body strains against his revealing clothing with every step. Masculine. Desire. Pleasure. He opens the glass doors and leads you into an indoor running track where several other men are sweating sensually, in the midst of their own vigorous workouts. Yes. Your trainer waits for a group to pass before you quickly cross the track into the middle where he begins to show you a variety of stretches to get you warmed up for your cardio session. And as you stretch, you can take the opportunity to discreetly admire the other men making their way around the track, sweat glistening over their chiseled abs under the bright lights of the gym. Excitement. Happy. Confident. The sound of the repetitive drumming of the men's shoes against the track mesmerizes you into an obedient trance as you remember to listen intently to each and every one of your personal trainer's knowledgeable words. Feeling grateful and happy to receive such intimate personal attention from such a handsome hunk. Comfort. Safe. Relax. You can feel yourself blushing under his watchful gaze as he explores your willing body with his eyes, a faint smile curling up at the corner of his plump and luscious and kissable lips. Yes. Satisfied with your stretching, he leads you onto the track and allows you to set the pace, keeping ahead of you by only a few steps, giving you the perfect view of his beautiful, toned ass. Desire. Excitement. Pleasure. You notice that the men who spend their time running on the track in this room are leaner and



less muscular from focusing on their cardio over lifting weights and you begin to set the pace a bit faster, preferring to get a good look at all of their juicy jiggling butts as you pass the other boys running along the track. Yes. And as you catch up to each man, their unique aroma and masculine musk exciting your senses and erotic curiosity, you can find yourself even more drawn to their perfectly lean bodies and fuckable, boyish asses. Yes. You find yourself wondering what you might do to dominate these slender jogging twinks sexually, as you fantasize about ripping off their sweaty clothes in the locker room and exploring their wanting bodies to your heart's desires. Yes. You discover yourself thinking of all of the other times in your past in which you have felt confident and happy and proud when you have been dominant in the bedroom. Yes. You can remember how sexy and loved and complete you feel whenever your lover submits completely to your every desire. Confident. Loved. Happy. You know that in order to be the dominant man worthy of worship that you have always wanted to be, you must train each and every day in order to achieve the perfect masculine body you have always craved. Yes. And as your feet continue to take you around the track, the soft floor catching each foot before bouncing to your next step, you can find yourself falling deeper and deeper into a relaxing and obedient trance. Feeling soothed and relaxed and at peace knowing that you are moving closer towards your perfectly masculine ideals each and every day of your life.

✧ **Pool**

Find yourself falling deeper and deeper into a soothing hypnotic trance. Feeling more comfortable and at peace and relaxed with your surroundings. Yes. And as your mind drifts deeper into the natural obedience and acceptance of your perfect meditation, you can find yourself standing in the locker room of your exciting gym, your personal trainer has just instructed you to change into your swim gear before you meet by the pool for your first guided class. Relax. Comfort. Soothing. You descend through the mirrored stairwell, admiring your own toned reflection and open the glass doors to the pool area, immediately hit with the distinct smell of chlorine. And as you walk through the door, you can discover a group of men eagerly waiting for the instructor to arrive at the blue tinted pool, sunlight falling in from the high windows causing the water to reflect colors hypnotically onto the walls around you. Yes. The other men in this class, like you, are wearing nothing but the gym's logo branded speedo swimsuit and you cannot help but steal lustful looks at your sexy classmates, committing each of their toned, fuckable bodies and inviting crotches to memory. Desire. Confident. Pleasure. And as you continue to observe your new, desirable, classmates you realize that these men differ from all the other cute boys you have seen so far. While the men in the weight room



were bulky and hairy, and the men in the indoor track were lean, here in the pool, each man's body is smooth and hairless, their muscles thick and toned. Loved. Happy. Desire. You can feel your excitement again begin to bubble up as you realize you are in a room full of completely fuckable boys and they are all looking at your masculine body lustfully. Yes. You can feel confident and dominant and sexy as you realize you are the most masculine, desirable person in your group. Your swim instructor arrives and begins class with a quick stretching routine, giving you another opportunity to appreciate the smooth, feminine twinks around you and you can remember how exciting and fun and thrilling the rush of being the most perfect specimen of masculinity in the room has always been. Pleasure. Confident. Happy. And as you begin diving into the luxurious pool, taking turns in the lanes, you find yourself fantasizing about the hairless bodies and asses and cocks of the adorably fuckable femme boys around you. Imagining them submitting to your dominance and masculinity and enjoying the idea of being the most manly man in each and every situation. Desire. Loved. Excitement. You can imagine thrusting your thick masculine cock into his horny, fuckable bottom as he plays with his own adorably tiny dick in front of you. You smile to yourself as you anticipate the feeling of power and confidence and arousal whenever you think of fucking your adorable fantasy boy. Yes. You know that you must have the most muscular body in order to become the perfectly masculine and dominant man you have always wanted to be. You can intuitively know that the submissive men you want to fuck are always attracted to the most manly men that they can find. Manly men who can dominate and provide sexual pleasure for their constantly horny, fuckable, twink bodies. Yes. And now that you have completed your laps, you can close your eyes and peacefully float in the pool, feeling the gentle rocking of the waves lulling you deeper and deeper into a perfectly obedient trance. Feeling safe and comfortable and obedient as you drift happily in your erotic fantasies.

❖ **Locker Room**

Drifting deeper and deeper into an obedient and relaxing hypnotic trance. Feeling more relaxed and at peace with your surroundings as the fog in your mind lifts and you hear the voice of your swim instructor compliment you on your fantastic work before ending class for the day. Confident. Happy. Excitement. You can feel the eyes of every sexy twink watching you lustfully as you lift yourself up from the pool, water cascading over your perfectly chiseled muscles. Your attractive lane partner hands you a fresh dry towel, his own towel draped around his thin neck, wavy hair still dripping water, and lips curled up in a wide grin. Desire. Pleasure. Comfort. And as you pat your face with the fluffy towel, he comments on your form and speed in the water, making you feel loved and adored and proud that you have already attracted this adorably fuckable and submissive



man with your perfect physique and masculine charm. Yes. And as you walk together back towards the locker rooms to shower off, he continues to talk with you, excited to meet a new, hunky man in this exclusive gym. You mention that you are currently doing the special trial and the cute twink's eyes glitter in excitement as if you are some sort of celebrity. Happy. Confident. Relax. You can remember that in order to feel confident and loved and happy you must have the perfect, masculine body that each and every sexy twink desires to be fucked by whenever they see it. You can feel proud and pleased and satisfied whenever the submissive boys around you treat you like the dominant and masculine and desirable man that you know yourself to be. Yes. And after saying your goodbyes to your new twink friend in the locker room, you can make your way over to your own locker, finding your personal trainer and another sexy, thin, but muscular man sitting on the bench waiting for you. Your trainer introduces his cute friend as another very special free trial member who can help you become completely comfortable with the exciting culture at the gym. Loved. Soothing. Relax. And as you look at the lean, feminine-looking man before you, you can find yourself mirroring his coy smile as he undresses you with his eyes. Yes. His adorably fuckable body serves to remind you of how sexy and hot and pleasurable fucking another submissive man is. Desire. Pleasure. Excitement. You can remember how sexually aroused and excited and eager you have been in the past whenever you have seen a completely sexy submissive twink. You know that your perfectly masculine and muscular body will attract all of the cutest boys and you can find yourself fantasizing about filling them up completely with your erotic masculine come as you become aroused with your entirely natural, innermost fantasies. Happy. Masculine. Loved. You know that the more feminine and submissive the man is, the more you will want to dominate him and fill him with your hard, manly, cock. Yes. You find yourself imagining ripping off the clothes of your attractive new friend and fantasize about him bending over and spreading himself for you, craving the feeling of your cock deep in his wanting ass, as he begs to be dominated and used by his manly daddy. Yes. You can feel the urge to dominate the lean and boyish twink next to you as you feel your sexual arousal overcome every other thought in your mind. Feel yourself drifting deeper and deeper with your natural arousal into a comfortable hypnotic trance. Becoming more and more relaxed and at peace and happy as your mind fades into the soothing pleasure of your own obedience.

❖ **Sauna (Slut Exclusive)**

Deeper and deeper with the soothing sound of my voice. Find yourself drifting more and more into a calm and relaxing and receptive trance as your personal trainer leaves you and your new friend alone to get to know each other. Yes. The trainer winks at you



quickly before making his way out of the locker room, leaving nothing but the swirling scent of his sweat, musk, and cologne. Excitement. Comfort. Happy. Your new friend smiles at you and opens up his own locker very close to yours, asking you if you have had the chance to relax in the sauna yet. You shake your head no and he smiles, suggesting that you both take some time to get to know one another in one of the private steam rooms. Peaceful. Pleasure. Confident. You watch him slowly and erotically disrobe, stripping his clothing off sensually for the benefit of your eyes only. Once nude, he approaches you and runs his hand down your chest and abdomen, hooking his delicate fingers into your tight swimsuit and gently pulling it down, bending so his mouth is directly in front of your growing cock. Desire. Masculine. Loved. He teases you as part of his foreplay, kissing the soft and vulnerable areas near your groin, before grabbing the towel from your neck and wrapping it around your waist. Yes. He covers himself with a dry towel before grabbing your hand and leading you into the sauna area. Safe. Relax. Soothing. And as you follow your completely sexy and seductive friend, you can discover yourself walking to a long hallway filled with doors, the sound of water dripping from steamy pipes and the faint moan of men being pleased behind closed doors. Your twink friend selects the closest room, eager to take your towel off and finish what he began as he locks the entrance behind you. Comfort. Happy. Pleasure. The sauna is bright and warm, with hot coals waiting to be used, the smell of cleanliness and fresh linen hovering in your aroused senses. Yes. With a wooden ladle, you splash the hot coals, causing the rocks to sizzle as the room rapidly fills with steam. You turn to sit on a nearby bench, unfolding your towel from around your waist and spreading your legs wide so that your sexy new friend can have the best access to your thick, waiting cock. Masculine. Excitement. Pleasure. Your new lover takes to his submissive role happily and leans over with enthusiasm to taste your aroused manhood. Yes. You can find yourself commanding him naturally as he moves his head into the positions that are the most pleasurable for you, pushing his mouth deeper against your hips as you moan for more in ecstasy. Yes. And as he continues to passionately swallow your cock, you find yourself groaning deeply in response to his expert skills, feeling the greatest pleasure and arousal you have ever felt from his every movement. Yes. You are feeling more aroused and horny and satisfied than you have ever felt and know that you can only experience this perfectly erotic bliss from a completely submissive and obedient twink. Yes. You can feel your muscles relax as you allow your head to fall backwards in comfort and enjoyment, allowing your lover to please you with no resistance. The pace of his bobbing head quickens and you can feel yourself becoming harder in his wanting mouth, ready to blow your load deep down the boy's feminine throat. Yes. With a final thrust, you come easily and forcefully, commanding your submissive lover to swallow each and



every drop of your masculine juices. You feel satisfied and happy and confident when he obeys your command without question, sucking you completely dry. Yes. And as he rises, you can see his body is covered in a thin layer of sweat from the sauna's steam, his chin dripping a long string of spittle from his wet and passionate blow job. Yes. You can find yourself closing your eyes and focusing on the relaxing and rhythmic drip of the steam collecting on the ceiling as you feel yourself drifting deeper and deeper into a soothing and comfortable and hypnotic trance.

✧ **Showers (Slut Exclusive)**

Drift deeper and deeper with the sound of my voice. And as you continue to drift deeper into a completely relaxing and obedient trance, you can continue to listen to the dripping of water from the condensation in your sauna, hypnotizing you with its methodical rhythm into a state of deep relaxation. Yes. And as you open your eyes, you can find yourself in the brightly lit room, your new lover sitting beside you, relaxing in the steam after a job well done. Comfort. Relax. Soothing. Ready to move on, you gather your open towel and wrap it around your hips, standing and announcing that you are excited for a shower. Your lover stands in response, covering his small, feminine package behind the fluffy towel and opening the door for you before leading you to the showers. Loved. Peaceful. Safe. And as you toss your towels in the gym's laundry bin, you can find your eyes drawn erotically to your lover's wanting ass, feeling yourself becoming hard again while you imagine dominating his tight hole with your thick, masculine cock. Sensing and anticipating your lust, your lover positions himself erotically, his hands up against the tile wall of the shower, legs spread apart and ass raised, ready for your exploration and passionate fucking. Desire. Pleasure. Excitement. You intuitively know that seeing another man's juicy ass will instantly arouse you sexually and you can find your dick growing harder and harder with each passing moment. Yes. You know that a man's ass is for you to fuck and fill with your dominant come and you can find yourself easily moving into position to fill your new sexy lover like the completely dominant, masculine top you love to be. Yes. You begin to feel even more masculine and sexy and dominant as your new lover easily submits to you and moans in pleasure as you penetrate his sexy twink ass with your thick, aroused cock. You grip his hips tightly, pulling his ass into you as he begins to moan, using one hand to brace himself against the tiled wall and the other to play with his tiny aroused penis. Yes. He lets out a high pitched squeal of pleasure as a thin stream of his come hits the wall before him, dripping thick white juices down the drain. You continue to thrust yourself into his tight ass, not yet done with using him in all of the ways that you desire, and you can find yourself remembering that you can never live the best life you possibly can unless you are



reliving this completely pleasurable experience and finding a cute twink to fuck each and every day. Excitement. Happy. Pleasure. Your lover's moans of erotic lust only work to fuel your arousal as you get closer and closer to climax, his thin yet muscular body writhing in bliss as the hot water from the shower hits his well defined back and ass. You can feel proud and satisfied and happy knowing that your dominance is bringing your submissive fuck toy such pleasure and remember that in order to live your ideal life, you must work to dominate each and every twink who submits to your perfectly masculine body and thick, ridable cock. Yes. And as your lover moans, getting closer and closer to his second orgasm, you can find yourself feeling validated, knowing that you are the perfect masculine, muscular and dominant man. The perfect specimen best suited for fucking each and every cute, submissive boy that you come into contact with. Yes. You pull his hips against yours one last time and let out a guttural moan in erotic bliss, filling your sexy lover's ass with stream after stream of your dominant, masculine come. Yes. Drift deeper and deeper into a comfortable hypnotic trance for me now. Find yourself feeling more and more relaxed and at peace with yourself and your surroundings as the sound of your lover's moans fade into the fog of your perfectly comfortable hypnotic trance.

✧ **Member**

Falling deeper and deeper into a calm and obedient and peaceful hypnotic trance. Feeling comfortable and soothed and relaxed as you open your eyes and find yourself alone in the locker room, working to put your clothes back on. Yes. You can discover yourself thinking of all the completely important and true lessons that you have learned today during your special free trial and can find an appreciation and drive towards your new found confidence and outlook on life. Happy. Relax. Soothing. You know that your arousal begins as soon as you step through the doors of a gym and smell the natural musky scent of all of the handsome, sweaty men working out around you. Yes. You intuitively know that you must visit the gym each and every day in order to sculpt your body into the perfect masculine specimen, desirable to any man that may want to bend over in front of you and offer you his ass. Yes. You find yourself thinking of your hunky, muscular personal trainer, who's body and muscles you long to imitate, knowing that your improved physical form will only work to help you attract the cute, submissive boys you know you love to fuck more than anything else in the world. And as you make your way from the locker room, up the stairs, and into the lobby, you can observe the other handsome men around you, wondering if they have had the pleasure of receiving the same erotic treatment you are being shown as a part of your special trial. Desire. Pleasure. Excitement. You can find yourself fantasizing about being introduced to



another gym member and dominating him with your new masculine physique as he moans out in pure ecstasy. Yes. You can intuitively know that being the dominant member of any relationship you are in will always help you live out your innermost fantasies. Yes. You can remember to always work out in order to have the perfect masculine body as well as displaying the proper dominant attitude in any situation that you might find yourself in. Yes. You can discover yourself becoming more and more attracted to each and every cute twink that walks by you as you move towards the door, fantasizing about fucking their wanting asses before filling them completely with your dominant, masculine come. You can feel powerful and confident and loved whenever a man submits himself completely to you and know that you are the perfect masculine specimen, that any cute boy would love to be fucked and used by. Masculine. Loved. Confident. You can notice that you are beginning to feel more relaxed and satisfied and happy than you have felt in your entire life and realize that your new found attitude and drive to be the dominant and muscular and masculine man you know you have always wanted to be has helped lift your spirits and given you a perfectly desirable goal to strive for within your life. Yes. And as you pass the hunky receptionist on the way out, he smiles knowingly at you and asks if you have had a good experience for your first day at the gym. Yes. You are reminded of each one of your sexy experiences in this special fitness club and find yourself smiling as you look forward to returning again and again to meet more cute boys to fuck and dominate. Happy. Pleasure. Desire. Find yourself falling deeper and deeper into an obedient trance. Feeling happy and soothed and loved as you take in each lesson completely and fall deeper and deeper into a comfortable and relaxing trance.