

Planet: NEPTUNE AND MARS

Element:WATER

Gender: FEMININE

#### Healing & Magical Properties:

HEALING, WASHES AWAY RESIDUAL TOXICITY, HELPS GAIN INSIGHT, TRUTH, WISDOM, HELPS CALM YOUR MIND AND ANXIETIES, SERENITY, SPIRITUALITY, HAPPINESS, HOPE, SPIRITUAL AWARENESS, MENTAL CLARITY, COURAGE, SOOTHING, RESONATES WITH MERMAIDS AND THE OCEAN, COMMUNICATE WITH LOVE, RELEASE

# How to Use Aquamarine:

MEDITATE WITH THIS STONE TO OPEN UP HIGHER STATES OF CONSCIOUSNESS, SPIRITUAL AWARENESS, COURAGE AND INNER STRENGTH. WEAR THIS STONE TO COOL DOWN STRESS AND PROMOTE HEALING. CARRY THIS STONE TO HELP YOU SPEAK WITH TRUTH AND CONFIDENCE. YOU CAN USE AQUAMARINE TO OPEN UP YOUR THROAT CHAKRA. USE THIS STONE WHEN YOU TRAVEL BY SEA FOR PROTECTION AND GUARD YOURSELF FROM NEGATIVE ENERGIES

## Caring Tips & Warnings:

IT IS RECOMMENDED TO LIMIT THIS STONE'S EXPOSURE TO THE SUN BECAUSE TOO MUCH LIGHT WILL CAUSE THE COLORS TO BLEACH. YOU CAN CLEANSE THIS STONE IN WATER, SMOKE CLEANSING OR ANOTHER METHOD OF YOUR CHOOSING.



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