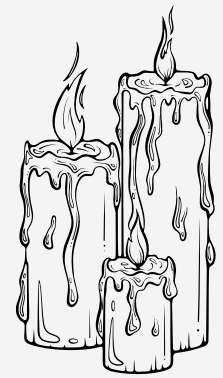
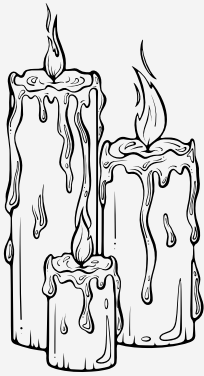


# FIRE GRATITUDE RITUAL

GRATITUDE, ABUNDANCE, THANKS



## Materials:

All you need is:

- A small amount of the best meat, fruit/vegetable and dessert from your meal (You can substitute any of this for another part of your meal)
- A glass of nice wine or any other beverage
- Salt or dried crushed eggshells to draw a circle
- A large candle (black for protection, white for cleaning or any color you choose)

## What to Do:

As a witch, what do we give thanks for? We can show gratitude for the spells that have been successful, anything that has been manifested, your spirit guides and deities watching over you, your loved ones, the love and abundance you receive and new opportunities presented to you. You can do this ritual during the holidays and throughout the year. By giving the best parts of your food, you are showing the Universe, spirits and deities that you care and you are grateful for what they have provided you.

- 1.) You can do this before or after your meal. Take the best meat, fruit/vegetable, a small amount of dessert and a beverage to a space where you will not be disturbed. (You can substitute with other parts of your meal)
- 3.) If you are inside, draw a circle with the salt around your candle and if you are outside use dried, crushed eggshells. (This is more eco-friendly for the environment) Make this circle big enough for you and your candle.
- 4.) Light your candle.
- 5.) Hold your food offering over the flame for a moment to send the scent up to the Universe.
- 6.) Meditate by giving thanks to the Universe, deities and spirit guides for all the blessings they have brought to you this year.
- 7.) Snuff out your candle before leaving the circle. Leave the eggshells outside and dispose of the salt down the drain if inside. Do not bring the salt outside as this is not safe for the Earth.
- 8.) Leave your food offering in a place outside.

