

yule



Herbs, Incense & Spices:

Blessed thistle, sage, rosemary,
chamomile, ivy, mistletoe,
peppermint leaf, cedar,
cinnamon, juniper, pine, sweet
orange, myrrh, clove



Foods & Drinks:

Spiced apple cider, egg nog, hot
chocolate, gingerbread, nuts,
soup, breads, roasted meats,
wassail, squash, fruit cakes,
mulled wine, apples, oranges,
cranberries, stews, dried
fruits, root vegetables, cookies

Crystals & Animals:

Bloodstone, clear quartz,
garnet, ruby, emerald,
citrine, snowflake
obsidian, bear, boar,
deer, owl, eagle, robin,
squirrel, wolf, buffalo,
dove, tiger, sow, snow
goose, wren

Winter Solstice

December 21, 2021

Rebirth and New Beginnings
Celebrate return of the Light after
longest night of the year
Reflection and regrowth
Decorate altar with bells, candles,
reindeer, elves, pine cones, yule
log, wreaths, snowflakes,
poinsettas, holly and more

Spellwork:

Sun magick (bring the
light in!), divination
with mirror magick,
healing, unconditional
love, releasing, home
blessings

Activities:

Fire scrying in fireplace,
watch the sunrise, nature
walk, decorate yule tree, light
yule log, make spiced cider or
hot chocolate, donate toys and
clothing, bake cookies, DIY
crafts and decorations