

## The Stingers – part 3

### The Gamer

Within the next couple of weeks, the facial scars on Jenet and Lu had come down significantly. Lu had worn hers around school and the MMA gym as a reminder of what had happened. It had helped fuel her fire over the past month to begin working out twice daily with maximum intensity and spurred her focus on nutrition and building muscle. She also used it as a tool to project a mental beating on her brother and dad.

Lu would tell the complete story of the burglary and all of the events. Making sure to really emphasize to classmates, coaches and neighbors what wimps and pussies her dad and brother were. Steve could barely show his face around high school now that everyone knew what he had not done to help. Lu reveled in that fact and loved how he had lost some friends following the event. The more Lu told the story, the more and more she also lost all respect for Steve and Stu.

On the other hand, Janet had covered her scars up with makeup, not wanting to be reminded of the physical and mental beating she and her daughter had received at the hands of the burglars. It also helped suppress her complete disrespect in her husband and disappointment in her son for not helping protect the girls in the family. She still loved her son Steve, but her relationship with Steve had gone downhill rapidly and she had asked him to start sleeping in the guest bedroom.

Janet had also started attending classes at the MMA gym and she was really impressed with how her daughter attacked the workouts and the punching bag. As Lu would kick the big bag, a loud THUD would echo throughout the gym, causing the other gym attendees to jerk their head in that direction, noticing who was kicking and hitting the bag with such power. Adela was always just feet away as Lu's personal coach and she was always yelling encouragement and spurring Lu on, to kick and hit harder and harder.

As the sweat would build up and cover Lu's mostly exposed body from head to toe, Adela and Lu would constantly be fist pumping and hugging. Janet was really impressed with Adela's muscular body and knew that Lu was too. She knew at that moment that before long, her very

focused, and very determined daughter would probably be doing everything in her power to build as muscular of a physique as Adela's.

It had only been six weeks since Lu had started working out at the MMA gym but she had shown incredible progress. She was already working out with the elite athletes in the gym and the muscles in Lu's legs were noticeably bigger. There was a scale in the side of the boxing ring and during one of the breaks, while Janet was grabbing some water, she saw Lu walk over and step on the scale. Curious, Janet walked over and asked, "You're looking more and more fit honey. Did you add a bit of muscle lately?"

Lu was giddy with excitement and answered "Yes mom, I did! I just hit 140!" Normally Lu would have freaked out in the past if she even gained a pound and would purge herself after eating in fear of any gain in weight. Now, her beautiful, athletic daughter was excited as a schoolgirl with the increase weight and muscle gain.

"Check this out!" Lu said aggressively to her mother and then decided to hit a quad pose. The muscles jumped out of her fit legs and the high-jumpers long, lean muscle was now being built upon greatly. The size increased tremendously and three, separated, long bumps of muscle ran lengthwise from just below Lu's shorts, down to just above her knee cap. Janet was beyond impressed with the bulkiness of her daughter's quads and she couldn't help but reach down and feel the muscular bulges.

"Oh my god Lu!" Janet exclaimed, "That's gorgeous."

"Look at these." Lu then stated and she hit a double biceps pose. On cue, her biceps popped up firmly and created two very visible biceps muscles. The upper head was a nice rounded bump and there was obvious separation between the upper and lower portion of the muscle. Janet's presumption from just minutes before was already being proven correct. She knew Lu would want to build a muscular physique like Adela's, she just didn't think it could happen this soon.

"How are you building muscle so fast?" Janet asked her now more muscular daughter.

“I’m eating twice the recommended portions mom.” Lu answered. “Instead of eating one meal prep portion for lunch and one for dinner, I’m spreading them out and eating one every two hours. So I’m getting four portions per day, plus all of the supplements.”

It was definitely working and as they were speaking, Janet noticed something else. She walked up to just a couple inches from her daughter’s nose. Instead of being the same height, Lu’s nose was easily an inch higher than Janet’s. Both had stood exactly 5 feet, 10 ½ inches tall just a couple months before, but now it was clear Lu was taller. “I think you’ve grown in height to dear.” Janet said as a huge grin flashed upon her daughter’s face.

Lu immediately put her hand upon her open, surprised mouth as she just realized that fact. She rushed over to the scale again where there was also a height bar. Lu flipped off her workout shoes, pressed her back firmly against the bar and asked Janet to take a look. Janet pulled up the height bar, flipped the arm out and extended it to the top of her daughter’s head and took the reading.

“Oh my God!” Janet explained as she looked in her daughter’s eyes with an excited, amazed stare.

“What mom, What?” Lu blurted out, wanting to know the reading.

“Well Lu...” Janet stated with confidence, “You’re not in the 5 foot category anymore.”

“How tall...how tall!” Lu eagerly asked loudly.

“Six foot even my dear!” Janet answered as she watched her elated daughter jump in the air for joy with elation and then run over to Adela and embrace her affectionately as she blurted out her new weight and height.

Janet loved her daughter more than anything in the world. Seeing Lu so happy by gaining muscle and height made Janet want to help in any way she could. If it meant more meal-preps and more supplements, damn it...Janet was going to get those for her. But in the meantime and wanting to be part of the happy moment, Janet walked over and greeted the nicely muscled Adela and Lu and shared a celebratory hug as well. She also committed to becoming Adela’s student and would work on scheduling her time with Adela so that it didn’t conflict or get in the way of Lu’s personal training class with her.

The girls were both elated after the endorphin pumping workout and also after learning of Lu’s new height and weight gains. Instead of going straight home and preparing meals for the

family, Janet suggested they go grab a wonderful steak at Fleming's steak house. Lu would never eat steak in the past because of the calories, but now that she had different physical goals, a steak sounded like the perfect celebratory meal.

The girls got to the restaurant, still in their workout gear. Janet had a small, tight fitting hoodie to put on, but Lu didn't...and didn't care. She waltzed in with her new 6 foot tall, fit, muscular physique and she was damn proud to show it off. Heads turned as the girls were escorted to a booth and it was obvious they were the two hottest girls in the place.

They ordered filets, baked potatoes, grill asparagus and a bottle of red wine. The male waiter was too enamored with the hot girls at his table and chose not to insult them by asking for i.d. That helped and the girls chatted, laughed and absolutely devoured every ounce of their steaks and sides over the next thirty minutes. They also downed the bottle of red and were feeling no pain at all too be sure. As the plates were clean, the waiter eventually came back and asked if the girls needed anything else. But instead of getting a desert order or a request for the check, Lu looked up and said, "Ya know...I think I'll have another steak!"

The waiter and Janet were shocked at that order. But Lu was growing like a weed and now that she knew her increased nutrition intake was making her stronger, more muscular and taller, she was going to eat everything in sight! Janet laughed but gave the waiter the go-ahead. He scurried off to get that second steak for Lu and Janet reaffirmed herself that she'd do anything to make her daughter the happiest girl in the world. If that meant buying Lu a second \$45 filet, then by god, she was getting a second \$45 filet!

After many more laughs and fun, the meal finally came to an end. Janet paid the bill and the girls walked out of the restaurant, flashing their good looks the whole way. They pulled up to the driveway and noticed a strange car in the drive. It was a white VW Jetta. Neither of them knew who it could belong to, and rushed inside to find out.

They walked into the kitchen and sure enough, there was a strange girl grabbing two Mountain Dews out of the fridge. She looked at Janet and Lu and said, "Oh hi. You must be Mrs. Stinger. I'm Chrissy, a friend of Steve's"

“A friend of Steve’s. Oh that’s nice. I’m glad to meet you Chrissy. I’m Janet and this is my daughter Luanne.” Janet answered.

Chrissy was cute, maybe even pretty, 5’6” tall, had long brown hair, was thin but did have nice, firm legs, like a dancer or something and wore very thick glasses. They were so thick that it was obvious contact lenses were out of the question and they didn’t hide the fact that she was slightly cross-eyed. It made sense to Lu that she must be blind. How else would Steve ever get a cute, thin girl like her to hang out with him?

“How did you guys meet?” Lu asked nicely, still curious how the hell Steve the sloth of a brother got her here.

“Oh, well, I’m a bigtime gammer like Steve and we’ve been playing online together for a year. I live just a few miles away so when he invited me over, I thought it’d be fun to meet.” Chrissy replied politely.

“Oh, that’s so great Chrissy.” Lu said, “You seem so nice and cute. It’ll be fun having you over.” As she finished her sentence, especially after letting Chrissy know she thought she was cute, Lu bent in front of her, into the fridge, lightly brushing her exposed skin and chest against Chrissy’s surprisingly nice boobs. Lu grabbed a protein shake, lightly brushed against Chrissy again on the way out and then turned away, flashing her exquisite ass and legs to Chrissy and confidently sauntered off to her room to shower.

Janet thought it was a bit odd that Lu was so nice to a friend of Steve’s. She knew how much Lu loathed her twin brother after the incident. It was nice to see Lu so polite to Chrissy. Janet excused herself as well and walked upstairs to clean up, happy that maybe her kids would be getting along better moving forward. She had her own battle to fight with Stu and herself becoming more and more distant as the weeks had worn on.

Lu quickly took her shower and then waited for her opportunity to pounce. Her brother drank Mountain Dew like a fish drinks water and Lu knew it was probably only a matter of time before the lazy fuck asked Chrissy to run down and get him another one.

Sure enough, a few minutes later, Lu watched from the open crack in her bedroom door as Chrissy entered the kitchen again to get Steve a drink. She rushed over and stood just on the other side of the open fridge door. As Chrissy closed the door, Lu stood inches away, towering six feet tall in nothing but a small, blue bikini top and bottoms. Chrissy practically jumped out of her skirt in fear and let out a little scream as Lu startled the shit out of her by sneaking up.

“Oh my God Chrissy. I’m so sorry to scare you. I just needed your opinion on something real quick.” Lu said as Chrissy tried to regain her breath and calm down.

After a few moments of pause, Chrissy replied as she looked up at the towering, physically fit, bikini wearing girl in front of her, “sure, um...Luanne. Um, what can I help you with?”

“Oh my gosh, call me Lu Chrissy, that’s what all my friends call me.” Luanne responded.

“Ok Lu...sure...ya, what can I help you with?”

“Well, um, it’s kind of hard to ask but I just need an honest opinion and I just can’t get one here.” Lu said, “I’ve been really into working out lately, and I’m getting these kind of buff legs. I just don’t know if anyone will think their attractive or if they’re just gross muscles.” With that, Lu stuck out one long leg, placing it past and just to the side of Chrissy’s rather fit left leg.

Chrissy looked down and ogled Lu’s tanned, fully exposed, flexed leg as the three muscles bulged from her quads surface. “Oh Wow Lu! That’s incredible!” Chrissy responded as she couldn’t believe how perfectly muscled Lu’s leg was.

Lu continued to slowly rotate the leg slightly left, then slightly right, constantly flexing and relaxing the muscle for full, hypnotizing effect. Eventually, Chrissy couldn’t help but reach down and touch it. Feeling the rock-hard, bulging muscles in her soft, almost trembling hand. “Do you like it?” Lu asked quietly.

Chrissy nodded her head Yes as she continued to slowly, methodically caress Lu’s muscular quad.

“What about this?” Lu asked as she brought her leg back, stood up tall, turned three quarters away from Chrissy and firmly flexed her perfectly sculpted ass.

The blue bikini material barely covered anything and Chrissy was staring at an almost completely exposed, rock-hard, bulging, muscle filled glute. For full effect, Lu again began flexing and relaxing it over and over again, so Chrissy could see it slightly soften up to a hard, but pliable surface and then BAM! Lu would flex it massively, creating a rapid, rock-solid bulge for Chrissy to ogle. Without provocation, Chrissy reached out and felt Lu’s relaxing and flexing butt. She was mesmerized by its size and shape and just said, “It’s perfect Lu. Absolutely perfect.”

“So Chrissy.” Lu asked, “You would agree with me thinking that my muscular legs and ass are attractive?”

“Uh huh!” Chrissy again answered affirmatively.

“Splendid.” Lu followed, “Do you want to see something else I want to show you?”

Again, Chrissy nodded Yes as she stared at Lu’s lower physique.

“Good.” Lu said and then grabbed Chrissy by the hand and slowly walked in front of her, allowing Chrissy to simply stare at her amazing ass and hamstrings as she walked them to her room.

Once there, Lu closed her door behind them, turned to face Chrissy, reached up with her muscular arms and pulled the string keeping her bikini top secured. With the strap undone, the small blue top fell to the floor and exposed Lu’s small breasts and defined pec muscles to Chrissy. Lu reached out with her muscular right arm, grabbed the back of Chrissy’s head, and slowly moved it forward, pulling it into her exposed left breast.

On instinct, Chrissy opened her mouth and took the small breast into her moist lips. Her tongue began flicking Lu’s nipple and it sent a shockwave of pleasure through her. Lu had never experienced this pleasure but her hormones had become unrelenting since she started working out all the time and eating like a horse. She pulled Chrissy’s head harder and harder into her tight, muscular body and then couldn’t take it anymore. She reached down, removed Chrissy’s thick glasses and began making out passionately with the cute, fit little gammer girl.

Chrissy was returning the favor and their tongues were experiencing a magical dance as the passion for each other was reaching a fever pitch. Sweat and moisture was starting to cover their bodies and Lu pulled Chrissy’s hair back aggressively, but passionately. She was looking

down, face to face with this little cutie and had to have more. Looking eye to eye, Lu said, "I want you licking my fucking pussy right now Chrissy...right now."

Chrissy took the instruction well and dropped to her knees, forcefully pulling down Lu's bikini bottoms and digging her tongue right into Lu. Her tongue was long and firm and Chrissy was titillating Lu's G-spot perfectly. The rapid flicks were satisfying her fantastically and Chrissy wrapped her hands around Lu's beautifully sculpted hamstrings to forcefully dig her head in further. The pleasure Lu was feeling was next level and within a few more moments the tingling, gratification was too much and she began to squirt. The liquid covered Chrissy's cute face and she began licking it up feverishly.

Lu dropped to her knees and began kissing and licking Chrissy's beautiful face clean. As they kissed, Lu asked, "First time???"

"Ya. You?" Chrissy asked back quickly under her heavily breathing hot breath.

Lu answered, "Yes." Also breathing passionately and heavily and then said, "Now, it's my turn to do you."

Chrissy excitedly laid down on her back, spread her fit legs to the sides and lifted up her skirt, exposing her thin, pink panties for Lu to remove. Lu eagerly dipped her head under Chrissy's skirt and was about to remove the cute undies.

BANG BANG BANG! BANG BANG BANG! A huge knock was heard on the door. "Lu, what the hell are you guys doing in there? Where's Chrissy?" Steve yelled loudly.

Lu froze. Oh shit, the slug actually got off his fucking ass and walked down stairs.

"Ummm just girl stuff Lu had to ask me about Steve." Chrissy yelled back. "I'll be right out."

"That's BS Lu." Steve yelled back, "Get your own friend loser." He finished as he walked back upstairs.

Lu and Chrissy burst out laughing and shared another quick kiss. Chrissy wiped her face off with a wet towel from the bathroom, put on her thick glasses, readjusted her skirt and gave Lu a smile as she opened the bedroom door and made her way back up to Steve.

Lu then walked into the bathroom, smiling and satisfied like never before. She stared at her perfected, naked body as she hit a double biceps pose in the mirror. Her abs were ripped and defined, her biceps were starting to grow and bulge with muscle. Her once flat chest was starting to fill with growing, powerful mass. She knew what she wanted to see in the reflection



and she couldn't wait to put on as much muscle as possible. She didn't care what her brother Steve or other guys thought about girls with muscle. She knew she liked it...and knew Chrissy liked it too.