





PROSPERITY AND ABUNDANCE

Moterialz:

All you need is:

- Green sachet
- Cinnamon stick
- Dried basil, mint, rosemary and cloves
- 4 seeds, such as sesame or sunflower
- Gold coin, any coin or a dollar bill
- Green aventurine,
  pyrite or citrine





What to Do:

Find a quiet spot to sit outside or inside near a window that has the Sun shining through. If this is not possible, you can also sit with a white or yellow candle. Hold your green sachet and reflect on the Earth and the abundance she brings. Pick up your cinnamon stick and reflect on ambition and motivation. Do the same with the basil and mint to meditate on the abundance and prosperity you want to bring in your life and place them in your sachet. Add rosemary and cloves for cleansing and protection. Take your seeds in your dominant hand and envision each one as a step you'll be taking to ensure your financial success. This could be saving, being more frugal, overtime hours, hard work, planning, investments, etc. Think about all of the little things you can do to save money, such as eating out less, coupon hunting, budgeting your spending, etc. Add each one to your sachet. Place your green aventurine, pyrite or citrine into your charm bag. Add your coin or dollar bill last and close up your sachet. Hold it in your hands and pour all of your energy into it with intentions of abundance and prosperity. On New Year's Eve, charge your charm bag by holding it in your dominant hand and feeling the excitement and energy around you. During the countdown, place both palms upwards (your dominant hand still holding your sachet) and imagine all of the energy rushing into your hands. When the clock strikes midnight, put your hands together and say "Happy New Year!" out loud or in your mind. Direct all of the energy from your hands into your charm bag. When finished, say "I welcome abundance and prosperity during this new cycle". Place in your drawer, where you work or somewhere in your home. The energy is strong now, so you can place it in your purse or on your person

later on. Recharge on the next New Year's Eve.

MPLORE