

LOISH PATREON // YEAR REVIEW WORKSHEET

01 // MONTH BY MONTH OVERVIEW

Go through your calendar, photos, and notes/reviews that you made throughout the year to paint a global picture of each month.

MONTH	SUMMARY	GOOD THINGS THAT HAPPENED	BAD THINGS THAT HAPPENED
JANUARY			
FEBRUARY			
MARCH			

APRIL

MAY

JUNE

JULY

AUGUST

SEPTEMBER

OCTOBER			
NOVEMBER			
DECEMBER			

02 // GOALS

Look over the goals you had for the year, and assess how each one went.

GOAL	HOW DID IT GO?

03 // LIFE CATEGORIES

Reflect on how different areas of your life went throughout the year.

LIFE CATEGORY	HOW DID IT GO?
work	
family	
friends	
health	
mental health	
artistic skills	
fun	
financial	
other	

04 // SUMMARY

Try to sum up the year: the high points, low points, and an overall conclusion.

HIGHLIGHTS	LOW POINTS

CONCLUSION // THIS YEAR WAS:

05 // ASPIRATIONS FOR NEXT YEAR

How would you like these areas of your life to look next year?

LIFE CATEGORY	ASPIRATION
work	
family	
friends	
health	
mental health	
artistic skills	
fun	
financial	
other	

06 // GOALS

Try to set some specific goals for the year and think about which steps you can take to achieve them.

GOAL	HOW WILL I ACHIEVE IT?