

Kitchen Witchery

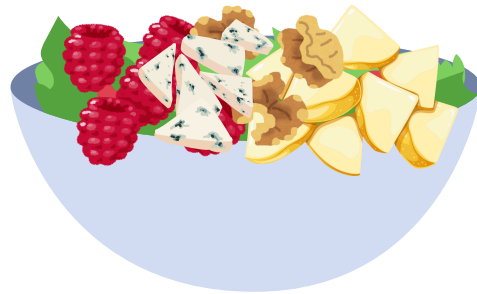
Healing Raspberry Pear Salad

THE MUNDANE:

- FOR CANDIED WALNUTS:
- 2 TSP BUTTER
- 1 TB SUGAR
- 1/2 TSP SALT
- 1/8 TSP CAYENNE PEPPER
- 1 TB WATER
- 2/3 CUP WALNUTS, HALVED
- FOR SALAD DRESSING:
- 3 TB RASPBERRY VINEGAR
- 1 TB HONEY
- 1 TB COOKING OIL
- 2 TSP SESAME OIL

THE MUNDANE:

- FOR SALAD:
- 3 BUNCHES OF LETTUCE/SPRING MIX
- 2 ASIAN PEARS, CUBED
- 8 OZ RASBERRIES
- 1/4 OF A RED ONION, CHOPPED
- 8 OZ BLUE CHEESE, CRUMBLED



THE MAGICKAL:

SUGAR FOR ADDING EXTRA SWEETNESS INTO YOUR LIFE, POSITIVITY, LOVE AND PROSPERITY.

SALT FOR CLEANING, PURIFICATION AND PROTECTION

CAYENNE PEPPER FOR PROTECTION, STRENGTH, BREAKING SPELLS, PASSION, REVERSAL SPELLS

WALNUTS FOR IMPROVED MENTAL CLARITY AND FERTILITY

HONEY FOR ABUNDANCE, HEALING, NOURISHMENT, HAPPINESS, LOVE, BINDING

PEARS FOR ABUNDANCE, PROSPERITY, NURTURING ENERGY, PROTECTION, GOOD FORTUNE

RASPBERRIES FOR LOVE, SEX MAGIC, FERTILITY AND EMPOWERMENT

ONION FOR BANISHMENT, PROTECTION, PROSPERITY, ENDING BAD HABITS, ENDURANCE

BLUE CHEESE FOR TRANSFORMATION OR CHANGE

HOW TO MAKE:

IN A SMALL SKILLET, MELT BUTTER. ADD SUGAR, SALT, PEPPER AND WATER AND STIR TIL SMOOTH. WHEN IT'S BUBBLING, ADD WALNUTS AND STIR UNTIL WELL COATED. COOK FOR ABOUT 5 MINUTES UNTIL WALNUTS ARE CARMELIZED. SET ASIDE AND COOL BEFORE PUTTING ON SALAD.

WHISK HONEY AND VINEGAR UNTIL SMOOTH. ADD OILS AND STIR UNTIL CREAMY.

MIX SALAD INGREDIENTS TOGETHER INTO LARGE SALAD BOWL. ADD WALNUTS. THEN TOSS IN DRESSING.

RECIPE BY AUTUMN EARTH SONG