

BEAUTY AND FASHION

- Capsule wardrobe
- Clothing sizes
- Fashion trends
- Favourite beauty products
- Favourite outfits
- Hair care routines/trackers
- Hairstyle/haircut ideas/notes
- Makeup colours I like
- Makeup expiration dates
- Massage tracker/notes
- Nail polish colours
- Outfit tracker

BOOKS AND READING

- Book notes/reviews
- Book series tracker
- Books I want
- Books to purchase/ I've purchased
- Books to read/already read (by author, genre, theme, etc)
- Character notes
- Favourite books
- Favourite quotes
- Favourite words
- Library book tracker
- Magazine subscriptions
- Reading log/tracker
- Reading/writing challenges
- Writing log/tracker

BULLET JOURNAL

- Boarder and divider ideas
- Collection ideas
- Favourite journaling supplies
- Grid spacing guide/chart
- Header and title style ideas
- Journaling prompts
- Journaling supplies wish-list
- Layout ideas
- Lettering ideas
- Lettering/doodling/drawing practice
- Monthly theme ideas
- Notes for your next journal
- Pen colour swatches
- Pen testing page
- Places to find inspiration
- Things to try in your journal
- Washi tape swatches
- Weekly/monthly/yearly bullet journaling practice reflection

CHARITY AND GIVING

- Community service/volunteering log/tracker
- Donations
- Gift ideas

- Gift tracker
- Last minute gift ideas
- Random acts of kindness received
- Random acts of kindness to do/done
- Stocking stuffer ideas
- Thank-you cards to write
- Things/people I am grateful for

CLEANING AND TIDYING

- Chore list/tracker
- Cleaning checklists
- Daily/weekly/monthly cleaning lists
- Home cleaning projects
- Home zone cleaning lists
- Konmari checklist
- Laundry tracker
- Spring cleaning notes
- Yard work

COMPUTER AND INTERNET

- Computer programmes to install
- Deleted apps
- Favourite apps
- Favourite blogs/websites
- Favourite computer settings
- Favourite document settings in different programmes
- How to solve XYZ
- Keyboard shortcuts
- Membership tracker/information
- Online accounts log
- Online resources for XYZ
- Usernames and password hints
- Websites that have my bank details
- Websites/online resources for XYZ

CONTENT CREATING

- Best or popular tags/hashtags
- Collab ideas
- Content creating workflow
- Content ideas
- Creators to follow
- Editorial calendar/posting schedule
- Expense tracker
- Facebook groups for creators
- Follower/subscriber tracker
- Guest creator ideas
- Guest post opportunities
- Income tracker
- Inspirational accounts
- Instagram schedule
- Monthly statistics (page views, watches, etc)

- Most popular posts
- Optimum dimensions for Instagram/Pinterest/etc
- Optimum posting times
- Places to submit content to
- Post ideas for YouTube/blog/Instagram/Facebook/etc.
- Sponsorship opportunities
- Valuable content creating resources
- Website backup log

FAMILY

- Babysitting information
- Bedtime stories
- Chore reward system
- Family activity ideas
- Family calendar
- Family clothes sizes
- Family contact details
- Family date night ideas
- Family favourite meals
- Family games night ideas
- Family tree
- Funny things my kids say
- Kids' lunch ideas
- Kid's schedules
- Kids' dentist/doctor's appointments
- Kids' friends, coaches, teachers' contact information
- Kids' wish list
- Rainy day kids' activities
- School/day-care contact info
- Skills for adulthood

FINANCE

- 30-day money/saving challenges
- Account information
- Bill tracker/log
- Budgeting (weekly, monthly, quarterly, etc.)
- Credit card debt tracker
- Credit score
- Debt tracker
- Future expenses
- Insurance info
- Investment ideas
- Investment log/tracker
- No spend challenge tracker
- Personal/household expense tracker
- Personal/household income tracker
- Records for tax returns
- Saving goals
- Saving ideas
- Savings tracker

- Spending log
- Stocks to watch
- Subscription services
- Tax information
- Tax-deductible expenses

FITNESS

- Couch to 5K
- Dances to learn
- Exercise challenges to try
- Exercise channels/playlists
- Exercise programme/challenge tracker
- Exercises I like
- Exercises to try/tried
- Fitness goals/milestones
- Home workout ideas
- Step tracker
- Stretching techniques/notes
- Walking/running log/milestones
- Weightlifting log/milestones
- Workout log/tracker
- Yoga positions/sequences

FOOD AND COOKING

- 30-minute dinner ideas
- Cocktail recipes
- Comfort foods
- Cookbooks I want
- Dietary requirements list
- Favourite chefs/cooks/cooking bloggers
- Favourite drinks/wines/teas/etc.
- Favourite foods for/with XYZ
- Favourite recipes/meals
- Foods to try/tried
- Go-to meals
- Healthy foods I like
- Herbs/spice collection
- Ingredients to buy/try
- Intermittent fasting tracker
- Last minute recipe ideas
- Liquor cabinet inventory
- Lunch ideas
- Marinating/brine times for XYZ
- Master grocery list
- Meal planning
- Meal prep checklist
- Microwave times and settings for XYZ
- Non-alcoholic drink recipes
- Oven cooking times/temperatures for XYZ
- Pantry/fridge/freezer inventory
- Potluck-friendly recipes
- Recipe page for XYZ
- Recipes to try
- Smoking times for XYZ
- Where to find the recipe for XYZ

GAMING

- Drinking games
- Favourite games
- Game reviews
- Game rules
- Games to play/played
- High scores
- Play time tracker

GOALS

- 101 things in 1001 days
- Bucket list
- Don't-do list
- Experiences to have/had
- Goal check-in
- Goal milestones
- Goals for X (work, personal, etc.)
- Goals (monthly, quarterly, yearly)
- Habit tracker
- Habits I want to break/make
- Level 10 Life
- Long-term goals
- Resolutions
- Rewards for reaching goals
- Short-term goals
- Vision board
- Ways to get motivated
- Word of the year/one little word
- X things before X age
- XX Before 20XX

HISTORY AND MEMORIES

- Favourite memories
- Headlines
- Last Time I...
- Memories
- Nostalgia
- On this day...
- Trending Topics

HOBBIES AND SPORTS

- Craft project list
- Crafting ideas
- Doodle-a-day
- Drawing/doodling challenges
- Drawing/doodling practice
- Extracurricular schedule
- Favourite athletes/sports teams
- Fishing/hunting log
- Hiking trail tracker
- Hobbies to try
- Hobby supplies
- Hobby up-skilling list
- Olympics tracker
- Sport season schedule
- Sports drafts
- Sports scores/results/stats
- Things to do when I'm bored
- Wildlife spotting log/tracker

HOLIDAYS AND CELEBRATIONS

- Birthdays/anniversaries/holidays calendar
- Fun/odd holidays
- Funny jokes
- Guest lists
- Holiday and celebration memories
- Holiday card list
- Holiday celebration planning
- Holiday decoration ideas
- Holiday gift ideas
- Holiday traditions
- Honeymoon planning
- Party ideas
- Party supplies
- Party/event planning
- Party/holiday menus
- Wedding planning
- Wedding songs

HOME

- Alexa skills
- Antiques/collectibles tracker
- Appliance service/repair log
- Contact details for home repair contractors
- Dream home ideas
- Evacuation/emergency plans
- Garage/yard sale
- Garden/landscaping plans
- Gardening log/tracker
- Home maintenance tracker
- Home projects/repairs list
- Home value tracker
- Home want/need list
- House hunting checklists
- Household organization ideas/checklist
- Inventory list
- Last time I... (changed sheets, washed windows, etc.)
- Paint swatches/colours
- Pantry/fridge/freezer staples
- Past addresses
- Pool care log/tracker
- Renovation/upgrade ideas
- Replacement parts tracker
- Seasonal gardening checklist
- Seasonal hazards log (wildfires, tornados, etc.)
- Things to declutter/donate/sell
- Troubleshooting for XYZ
- Warranty information
- Water/power/gas consumption tracker
- Watering log/tracker

IN CASE OF EMERGENCY

- Emergency contacts
- Emergency services
- Family allergy/diet info
- First aid notes/how-to's
- If found...
- Medical information
- Medication information
- Where I keep XYZ

MENTAL HEALTH

- Anxiety/stress tracker
- Anxiety/stress triggers
- Funny things
- Gratitude log
- Meditation log/tracker
- Mental health check-in
- Mental health day tracker
- Mental health resources
- Mood tracker
- Reasons to smile
- Self-care ideas
- Therapy log/notes
- Things I like about me
- Things that make me happy
- Things to do to relax/take a break
- Trigger and behaviour tracker
- Year in pixels

MOVIES AND TV

- Award show predictions
- Documentaries to see/seen
- Favourite movies
- Favourite TV shows
- Movie ratings/reviews
- Movie release dates
- Movies to purchase/I've purchased
- Movies to see/seen
- Movies to watch from/by/with/about XYZ
- Movies to watch in a series
- TV show schedule
- TV series tracker
- TV show memories/fan page
- TV show premiere dates
- TV show ratings/reviews
- TV shows to watch by/with/from/about XYZ
- TV shows to watch/already watched

MUSIC AND LISTENING

- Bands/artists to see/already seen
- Concert information
- Concerts to go to/gone to
- Favourite podcasts
- Favourite song lyrics
- Favourite songs by/for/about XYZ
- Favourite songs/artists
- Instrument practice log/tracker
- Playlist for XYZ
- Playlist ideas
- Podcast tracker
- Song of the day/week/month/etc.
- Songs to download
- Songs to learn how to play/sing

OUT AND ABOUT

- Favourite restaurants/eateries
- Festival/expo dates
- Foods/drinks to try at XYZ
- Go-to orders at XYZ
- Museums/galleries to visit
- Restaurant weekly specials
- Restaurants to try
- Theme parks to visit/visited

PERSONAL

- Advice given/received
- Celebrity/idol fan page
- Challenges to try
- Current favourites
- Dream log/tracker
- Facts about me
- Lessons learned
- Personal development ideas
- Personality test notes
- Self-affirmations
- Things I like/love
- Things to check out
- Wishlist

PERSONAL HEALTH

- Allergy information
- Allergy/migraine tracker
- Consumption tracker (alcohol, tobacco, etc.)
- Energy tracking
- Flossing/dental care tracker
- Healthcare spending log/tracker
- Intake tracker (water, sugar, caffeine, etc.)
- Medical and dental appointment tracker
- Medication tracker
- Next time I visit the doctor's...
- Non-scale victories
- Period tracker
- Screen time usage

- Sickness tracker
- Sleep log/tracker
- Sleep quality tracker
- Symptom tracker

PETS

- New pet research
- Pet bath tracker
- Pet medicine log/tracker
- Pet memories
- Pet training log/tracker
- Vet appointment schedule/notes

PHYSICAL HEALTH

- Blood pressure log/tracker
- BMI calculator/tracker
- Body measurement log/tracker
- Calorie/macro log
- Healthy snack ideas
- Meal log/planner
- Pain tracker
- Physical health notes
- Things to do instead of snacking
- Vision test notes
- Vitamins/supplements
- Weight loss/gain tracker

PRENANCY AND BABIES

- Baby names
- Baby's firsts
- Breastfeeding tracker/notes
- Fertility tracker/notes
- Ovulation tracker/notes
- Pregnancy tracker/notes

PRODUCTIVITY AND PLANNING

- Brain dump
- Current projects
- Done List
- Future log
- Mind map
- Monthly calendar/schedule
- Productivity log/tracker
- Project action plan
- Time blocking schedule
- Time tracking
- To-do list

RELATIONSHIPS

- Date night ideas
- Date tracker/log
- Friends' contact information
- Keeping in touch calendar
- Love language notes
- Neighbour's names and numbers
- Online dating tracker/log
- Partner's/friends' interests
- Relationship goals
- Sex/intimacy tracker
- Things we argue about

