

**FOOTBALL  
SPECIFIC  
PRINCIPLES**

**ATTACK - Penetration**

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**Adapted from**  
*'Tactical Principles of Soccer:  
concepts and application.'*  
**Garganta, J. et al 2010**

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# PENETRATION (with the ball)

- ❖ Destabilize the opponent's defensive organization.
- ❖ Directly attack the offensive space, the opposite player or the opponent's goal.
- ❖ Create numerical, positional and qualitative superiority.

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# PENETRATION (with the ball)

- In situations in which the player in possession is able to progress towards the goal or the goal line, seeking for areas of the field that are susceptible to give sequence to the offensive action, to leave the opponent in a situation of risk and ultimately to take a shot on goal.

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# PENETRATION (with the ball)

- The guidelines of this principle seek for the disorganization of the opponent's defense by creating favorable spaces and numeric advantage. This allows the attacking player(s) to move to zones favorable to take a shot on goal.

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# PENETRATION (with the ball)

- We can consider dribbling and carrying/vertical passing of the ball as typical penetration actions. Such action decrease the space between the player/team in possession and the opponent's goal line, enabling crosses or displacements towards the opponent's penalty area. Dribbling opposite player(s) allows the gain of space and guides the player in possession to perform a pass/assistance to a teammate to give sequence in the play or shoot on goal.

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# PENETRATION

## (with the ball)

- Penetration can finally be a situation of '1v0+GK' in which the player in possession 'attacks' the space towards the opponent's goal.

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